

## Necessary Skills for Campers/Classes

***In order to be successful and safe, there are necessary skills students need to consistently demonstrate for independent participation in classes & camps. As professionals who work with children, of course we know they will make mistakes, learn, and grow! We are happy to guide students through challenging situations, but we don't have the capacity to develop full skill sets. Below are the Safety & Attention necessary skills.***

**Safety:** Students keep themselves and others safe during participation.

- Stay with their group
- Stay in personal space
- Keep your hands to yourself. No unsafe disruptive behaviors (hitting/pushing/biting/etc.)
- No inappropriate language (cursing, angry or aggressive words directed at others "I Hate You!")
- Fully potty trained. We have extra clothes for occasional accidents, but can not manage diapers or pull-ups or consistent accidents.

**Attention:** Students display sufficient attention skills allowing the coach to give attention to all the students participating.

- Maintain flow of class for other students (move through circuits, leave mats where they are)
- Respond efficiently to re-direction (coach comment-student response)
- Allow the coach to work with everyone by working independently or taking a break when asked by a coach.

**Solutions:** If students struggle in either area, one of the following solutions may help the student continue class and be successful.

- Coaches will use the following guidelines to help students learn & model the required behavior
  - Explain rules at the beginning of every camp or class session
  - Give a verbal warning & redirection
  - Student may spend a few minutes coloring or using the sensory bin in a safe & observable area of the gym. Airborne typically has an extra member that can help individual students between setting up crafts & supervising staff breaks. Airborne can not provide an individual for 1:1 supervision through the entire camp - just momentarily to help students regulate their behavior & self-sooth.
- A coach may suggest a different time or class. The energy and noise volume in the gym varies throughout the week, some classes & times feel much different than others. The energy & attention requirements are different for different classes and programs - a camp is a much longer experience than a class - sometimes students can be successful in shorter spurts.
- Provide a para for your student. This can be a responsible family member, parent, or sitter. This para will stay with the student throughout the entire class or camp and help them maintain their safety & attention skills. Paras need to be scheduled in advance & notify the front office before participation.

***If there are no immediate solutions, and the student can not keep themselves and/or others safe, we will call home for an early pick-up!***